

What is the Student Assistance Program?

Every school district in the state of Pennsylvania is required to have a plan for identifying and assisting students who experience barriers to learning. The Student Assistance Program (SAP) was established to remove these barriers by helping parents and school personnel access support for students in the school and in the community.

The Antietam High School SAP Team is comprised of trained members of the staff and a contracted independent liaison. Referrals for students can be made for any issue where there is a concern for a student's well-being and/or potential obstacles to learning. These issues include, but are not limited to: substance abuse, mental health, grief, self-harm, victimization, bullying, "high-risk" behaviors, or other obstacles to learning. The team works confidentially with students, parents, and community resources to determine appropriate courses of action to best assist our students.



ANTIETAM SCHOOL DISTRICT

***Together We: Encourage Learners,
Inspire Growth, Embrace Community***

District Administration:

Dr. Timothy Matlack, District Superintendent

Antietam High School Administration:

Dr. Felice Stern, Principal

Mrs. April Olson, Assistant Principal

Antietam High School



Student Assistance Program

www.antietamsd.org

610-779-3545



Do you believe your child struggles with any of the following?

- Withdrawing from family, friends and/or school
- Changing friends or no longer spending time with old friends
- Unexplained physical injuries (bruises, scratches, cuts, etc.)
- Self-harm or suicidal ideation
- Severe sadness or sudden mood swings
- Defying authority, both at home and at school
- Aggressive, reckless, or unsafe behaviors
- Low motivation
- Frequently asking for or seeking money without an explanation
- Sudden drop in grades
- Suspected use of drugs or alcohol
- Changes in eating or sleeping habits
- Heightened anxiety or stress

STEPS of the SAP Process Include:

✓ **Referral:**

Individuals who know of students experiencing barriers to education can refer them to SAP. Parents, guardians, teachers, or classmates may refer students. The students may also refer themselves.

✓ **Family Involvement:**

Families are directly involved once the student has been referred. ***Parent/Guardian must give permission for the SAP process to continue.*** The SAP Team and parents/guardians work cooperatively to met the needs of their child.

✓ **Intervention:**

Our aim is to address any issues that may disrupt a student's learning. A wide-range of supports including school and community resources are available to help your child.

✓ **Support and Follow-up:**

The SAP Team strives to offer continued contact and support to aid students and parents/guardians.



Who to contact:

If you feel that your child may need help, call your child's school **610-779-3545** and ask to speak with a member of the SAP team. Someone will be there to help. The SAP team and the school will respect you and your child's privacy while assisting throughout the SAP process.



SAP Team Members

Matt Ahearn — Teacher
 Amy Oestreich — Teacher
 Liz Faust-Shucker — Teacher
 April Olson — Assistant Principal
 Dr. Felice Stern — Principal
 Stefanie Matetich — School Nurse
 Mark Carvalho — School Counselor
 Kaitlyn Yourkavitch — School Counselor
 Caron SAP Specialist: Alex Stunz